

# JACK HANLEY GALLERY

Sophie Treppendahl  
*Chromotherapy*

October 13 - November 11, 2023

Opening Reception  
Friday, October 13, 2023

Jack Hanley Gallery is pleased to present *Chromotherapy*, an exhibition with new works by Sophie Treppendahl. This is the artist's first solo show with the gallery and also her first in New York City.

*Chromotherapy* is a new body of work including paintings, encaustics, and miniatures. This work is an investigation into color, homes, and the art of self-care. These themes are consistent in Treppendahl's practice, but here they are more intentional and playful. Speaking about the exhibition, Treppendahl says: "The process of making this work over the last seven months coincides with my personal understanding and treatment of my struggles with mental health. The work chronicles my journey back to feeling like myself thanks to my supportive surroundings and modern medicine. This work tracks good days and bad days, coping mechanisms and resolutions, and silly rabbit holes I let myself delve into."

In creating this new body of work, Treppendahl reflected on her obsession with color which led her to *Chromotherapy*. Treppendahl describes *Chromotherapy* as "an expansive pseudo-scientific field with overpriced gadgets promising to heal nearly any ailment with the use of pigmented light. While I don't believe wearing green tinted glasses will heal whooping cough, as some of my research books promise, I do feel that my practice is rooted in the emotional power of color.

*Sophie Treppendahl was born in 1991. The artist received a BA in Painting and Printmaking from the College of Charleston in Charleston, South Carolina in 2013. Solo exhibitions of Treppendahl's work include: Take Care of Yourself at Philip Martin Gallery in Los Angeles (2023), Homebody at Johannson Projects in Oakland, California (2022), Living with my (white, Southern, racist) family history at Quirk Gallery in Richmond, Virginia (2020); A Year in Windows at Kenise Barnes Fine Art in Larchmont, New York (2020); and A World of People in my Studio at the Indianapolis Art Center, Indiana (2019); among others. Treppendahl's work can be found in private and corporate collections throughout the United States. Treppendahl lives and works in New Orleans, Louisiana.*